

### GENERAL PRESENTATION

**The works site :** The Cezon Fort is a fortified island of 3 hectares situated at the very entrance of the Aber Wrach (a small estuary) 30 kilometres north of Brest. See on [Open Street map](#) or [Google map](#) . It is a classified site of a rare beauty with a remarkable architectural heritage registered since August 2015 at the Record of Historical Monuments of France. Build by Vauban to protect the town of Brest from the English and Dutch aggressions, transformed under Napoleon III and later taken over by German army during the Second World war, the Cezon Fort is a place of a very rich history with a few well preserved constructions.

It is a jewel of nature (relatively) protected from the wind inside of an archipelago of amazing islands.

**The association :** It is back in action since 2015. Its project is to make the Cézon Island a place of different activities, discovery and protection of heritage, artistic creations, cultural meetings and research. This year the new team will launch its first summer construction works. Documents : a report of the General Assembly [Rapport d'Assemblée Générale](#) on the internet site of <http://www.cezon.org>

**The works planned for 2016 :** They will allow a better visibility of different structures (the tower, the ramparts, the old barracks ) as some of them are hidden under the brushwood and weeds. Also to protect them from the erosion. We alternate between clearing the undergrowth, clearing the constructions, brickwork, masonry and pointing. The island will be open to public during few hours of the low tide and if you feel like it you can try yourselves in turn as the tour guides.

**Working days :** We live and work on the Island. We arrive on Monday. The work will start on Tuesday morning till Thursday evening next week. Sunday is a day off. We leave next Friday.

**Working hours :** We start at 8am till 1:30pm with a break at 11am. The dinner is at 2pm and the rest of the day is free.

**The equipment to have with you for works:** working clothes, strong and closed shoes with hard soles like hiking shoes to protect yourself from the falling stones or tools, rain clothes, a hat.

**Leisure activities :** The village, the shops, the port, the coffee bars are 3 km away. We do not plan any particular leisure activities but we can organise some according to your wishes and the transport possibilities on the sea and on the land. On the Island you can practice swimming and seashell fishing. If you have any particular talents, hobbies or passions do not hesitate to bring all the necessary with you : music instruments, games etc. On the 9th and 10th of July a big maritime festival will take place in front of the island and on the 12th of August there will be a concert of a Balkan group (International Orchestra of Vetex). You can see these and other activities on the following site <http://www.abers-tourisme.com>

**The languages we use :** English, Spanish

**Minimum age :** 18 years old

**Staff :** 13 volunteers

### CONTACTS

**The responsible to contact before the works start :** **Didier Chrétien** (between 9am and 7pm)

Telephone 1 : 06 81 89 72 94 (from France) - Telephone 2 : 33 681 897 294 (from abroad)

@-mail : [contact@cezon.org](mailto:contact@cezon.org) Skype : [didier.chretien1](#) (on request)

**Other contacts during the works:** 06 68 83 89 62 (from France) ou 33 668 838 962 (from abroad)

**Postal address of the Association Cezon :** 163, route de la Tour Noire 29870 Landéda - FRANCE

### THE DATES OF THE WORKS

**STAY 1** from **Monday July 4th** (the day of arrival) till **Friday July 15th** (the day of departure)

**STAY 2** from **Monday July 18th** (the day of arrival) till **Friday July 29th** (the day of departure)

**STAY 3** from **Monday August 1st** (the day of arrival) till **Friday August 12th** (the day of departure)

**STAY 4** from **Monday August 15th** (the day of arrival) till **Friday August 26** (the day of departure)

### FINANCIAL PARTICIPATION

**Registration and insurance fee** (to pay to the Union Rempart during the registration) : **40 €** (valid for 1 year) or **30€** if you already participated in construction works last year

**Fees of your stay:** 150€ for 12 days (including the most organic meals possible, accommodation, 100 % biodegradable shampoo, shower tokens at the municipal camping). Payable on your arrival on the Cezon Island.

**The membership of the Association Cezon :** free

## ACCOMMODATION

Hardwall  shower  WC

**The comfort** : We are an ecologically protected site. The place is magnificent, calm but the comfort is rather Spartan.

**Sleeping on the island** : We sleep in dormitories situated in two buildings inside the Fort (possibility to install your tent if the Ministry of the Environment will give us the permission). Bring your own sleeping bag and an electrical lamp.

**Meals** : We have them altogether. Every day one or two volunteers will help in turn the person responsible for the meals. Any allergies and special food conditions must be mentioned in the registration form.

**Showers** : As for the showers we have a rain water reservoir that we heat with the help of the solar oven. Twice a week we can take a free shower at the municipal camping. For the reason of the respect for the environment all the cosmetic products must necessarily be ecological and biodegradable. A shampoo bottle will be given to you on your arrival but if you prefer to use your own products make sure they are completely biodegradable.

**WC** : The toilettes are dry. This method is ecologically friendly and very clean. For those who never tried them before it is a very good occasion !

**Phone and internet** : There is a mobile phone network on the island but no WiFi. You can recharge your mobile phone with the help of the solar batteries.

## ROADMAP

**Arrival and departure** : you arrive on Monday in the afternoon (settling down, visiting the island) and you leave on Friday week after in the middle or at the end of the day.

**Access to the site** : From Brest city centre or the rail way station 35 km. From the airport Brest Guipavas 25 km.

- **Train and bus** : There are regular bus lines from the Brest train station to Landeda. The bus stop is situated either at the port of Aber Wrach or just very close to the island at dunes of St. Marguerite. You can find the timetable of the buses on the website of the bus company "Les cars des abers" <http://www.carsdesabers.com/telechargements/L20-ete-2016.pdf>. You can call the bus company on the following number 02 98 04 70 02 (from France) or 33 298 047 002 (from abroad). We can pick you up from the bus stop and also bring you back to the bus stop on your departure.
- **By car** : The car-sharing parking is at "Porte de Gouesnou" (exit from the Paris-Brest highway) 20km. All the buses coming from or going to Brest make a stop there.
- **By plane** : The Brest Guipavas airport is 20 minutes away and we can pick you up from and bring you back to the airport.
- **By foot or by bike** : The Cezon Island is accessible in the case of a low tide (the tidal coefficient must be above 50). Call us to know the exact hours of possible crossing.

## TO KNOW MORE ABOUT CEZON, LANDEDA AND "PAYS DES ABERS"

<http://www.cezon.org>

<https://www.facebook.com/associationcezon><http://www.landeda.fr>

<http://www.abers-tourisme.com>

<http://www.brest-terres-oceanes.fr>

A big maritime festival will take place in front of Cezon Island on the 9th and 10th of July and will move on to Brest from 13th till 19th of July : <https://www.brest2016.fr>

## HOW TO APPLY

- 1st step : **Contact Didier** from the Association Cezon either by mail or on the phone (see Contacts). Give him your name, your surname, your age, your country, phone number, email, languages you speak and finally your possible experience in the construction works.
- 2nd step (once the association agrees on your participation) : **Download the registration form from the website of Remparts** : [http://www.rempart.com/img/rempart\\_bulletin\\_web\\_2016.pdf](http://www.rempart.com/img/rempart_bulletin_web_2016.pdf) and **send it to REMPART**, 1, rue des Guillemites, 75004 Paris, France ([contact@rempart.com](mailto:contact@rempart.com)) together with the payment for the registration and the insurance.

**IMPORTANT** : If you you will need a residence permit or a visa please fill in the necessary information concerning your passport. All these informations are needed for the Rempart Society to be able to send you an invitation letter.